

Bringing Necessities Within Reach: Health Care

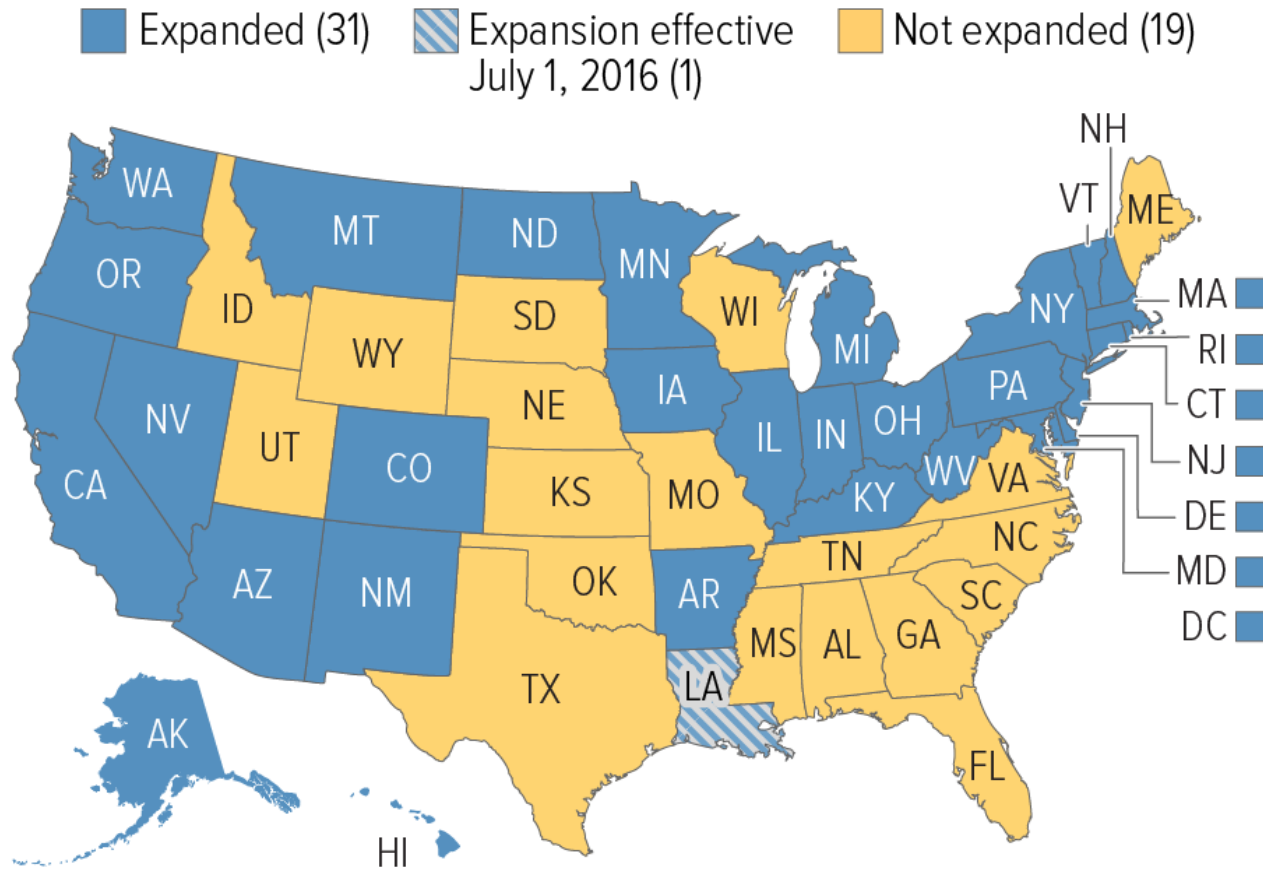
Making Ends Meet
New Hampshire Fiscal Policy Institute

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Status of State Medicaid Expansion in 2016



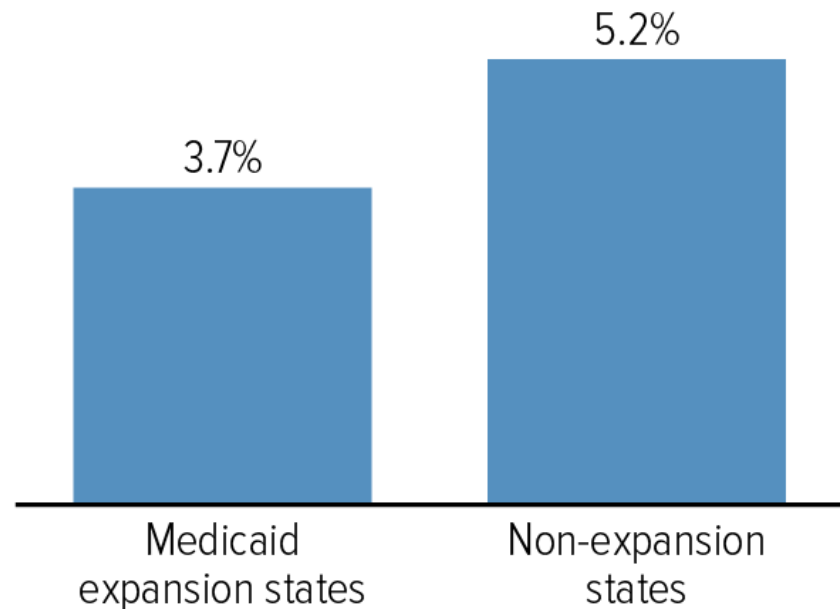
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Emerging Evidence on Benefits of Medicaid Expansion

- Greater gains in health coverage
- Increased access to health care services
- Decreases in out-of-pocket costs
- Decreases in number of uninsured workers
- Decreases in uncompensated care
- Savings in state budgets

State Medicaid Costs Growing More Slowly in Expansion States

- Projected increase in state Medicaid spending for state fiscal year 2016



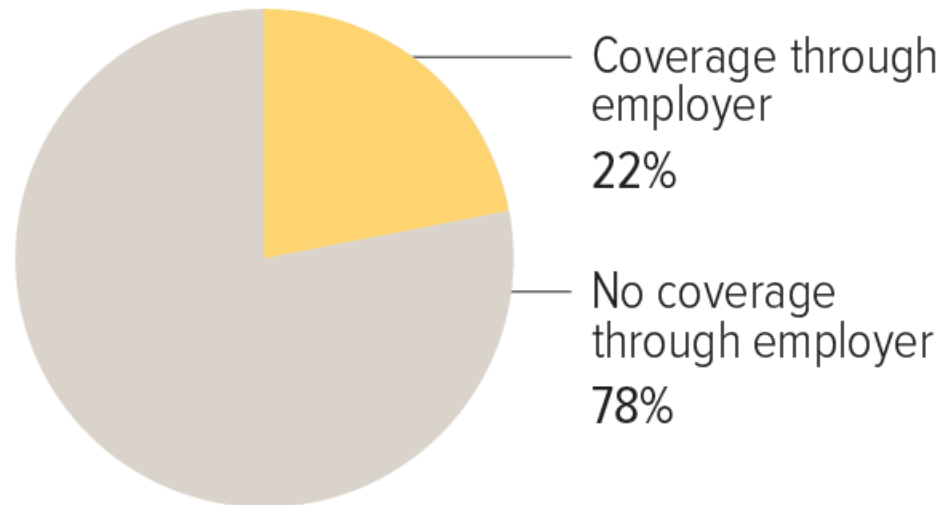
Note: 31 states have adopted health reform's Medicaid expansion or will expand Medicaid during state fiscal year 2016.

Source: Kaiser Family Foundation

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Fewer Than 1 in 4 Low Income Workers Get Health Insurance Through Their Jobs

18.5 million non-elderly workers
under 138% of federal poverty line



Source: CBPP analysis using 2015 Census Bureau data.

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Multiple Options for Improving Behavioral Health Services

Medicaid	
By Topic	
Eligibility	
Benefits	
Cost Sharing	
Waivers	
Long Term Services and Supports	
Delivery Systems	
Quality of Care	
Data and Systems	
Enrollment Strategies	
Access to Care	
Program Integrity	
Financing and Reimbursement	
Indian Health and Medicaid	
Outreach Tools	
Medicaid State Plan Amendments	

Behavioral Health Services

Medicaid is the single largest payer for mental health services in the United States and is increasingly playing a larger role in the reimbursement of substance use disorder services. Individuals with a behavioral health disorder also utilize significant health care services—nearly 12 million visits made to U.S. hospital emergency departments in 2007 involved individuals with a mental disorder, substance abuse problem, or both. Congress enacted several laws designed to improve access to mental health and substance use disorder services under health insurance or benefit plans that provide medical/surgical benefits. The most recent law, the Mental Health Parity and Addiction Equity Act (MHPAEA), impacts the millions of Medicaid beneficiaries participating in Managed Care Organizations, State alternative benefit plans (as described in Section 1937 of the Social Security Act) and the Children’s Health Insurance Program.

This new and revised section of the Medicaid.gov website that provides information to States, managed care organizations, providers, beneficiaries and others regarding mental health and substance use disorder—referred to as behavioral health services. This site provides information regarding services and supports to meet the health, behavioral health and long term services and support needs of Medicaid individuals with mental health or substance use disorders. This website has been organized around several key areas that the Centers for Medicaid and CHIP Services (CMCS) has identified as a priority for the next several years:

- Effective benefit design for mental health services for children, youth and their families
- Effective benefit design for substance use disorder services
- Mental Health Parity and Addiction Equity Act (MHPAEA) application to Medicaid programs

Each of these areas will contain documents and other reference materials that may be helpful to States and managed care organizations as they consider their behavioral health benefit design and delivery systems. In addition, each area identifies the technical assistance resources regarding behavioral health that CMCS and our other federal partners will make available to States and CMS grantees.

Parity

Substance Use Disorders

Children and Youth

Featured Resources:

- [Fact Sheet: Substance Abuse Structured Assessment and Brief Intervention Services](#)
- [Coverage of Early Intervention Services for First Episode Psychosis](#)
- [Pathways for Covering Mental Health and Substance Use Disorder Services](#)
- [Clarifying Guidance on Peer Support Services Policy](#)
- [Section 223 Demonstration Program to Improve Community Mental Health Services](#)
- [State Plan Services](#)
- [Managed Care Waivers](#)
- [EPSDT](#)
- [Health Homes](#)
- [HCBS Waivers](#)
- [1915\(i\) State Plan Services](#)

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