

Living Wage Calculator

NEW HAMPSHIRE, TWO WORKING ADULTS, ONE CHILD



- Transportation: \$9,644
- Housing: \$14,490
- Health Care: \$7,237
- Child Care: \$9,174
- Food: \$7,987
- Taxes: \$7,468
- Other Necessities*: \$5,003

Cost Estimates by Family Composition

1 Adult	\$26,224
1 Adult, 1 Child	\$55,576
1 Adult, 2 Children	\$64,428
2 Adults	\$41,253
2 Working Adults, 1 Child	\$61,003
2 Working Adults, 2 Children	\$69,916
2 Working Adults, 3 Children	\$81,984

*"Other Necessities" includes clothes and household supplies

Cost Estimates by New Hampshire County

TWO WORKING ADULTS, ONE CHILD

Belknap	\$58,685	Hillsborough	\$62,315
Carroll	\$58,712	Merrimack	\$59,833
Cheshire	\$59,478	Rockingham	\$62,819
Coos	\$55,471	Strafford	\$60,367
Grafton	\$59,013	Sullivan	\$58,466
		Statewide	\$61,003

Source: Massachusetts Institute of Technology, Living Wage Calculator, 2020

Rent and Utilities as a Percentage of Renter Household Incomes

Source: U.S. Census Bureau, American Community Survey, One-Year, 2019

47%
OF NEW HAMPSHIRE
HOUSEHOLD RENTERS
SPEND MORE THAN
30% OF THEIR
INCOME ON RENT

Rents Have Been Rising and Vacancy Rates Have Been Low

Source: New Hampshire Housing Finance Authority, 2020 Residential Rental Cost Survey

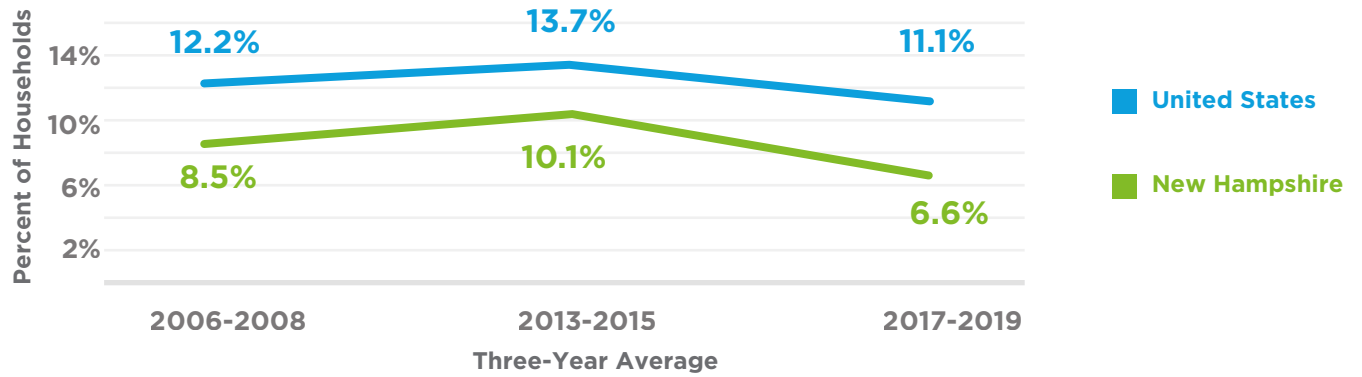
\$1,413
MEDIAN GROSS RENT
FOR A TWO-BEDROOM
APARTMENT IN
NEW HAMPSHIRE

\$1,282
MEDIAN GROSS
RENT FOR
ALL UNITS IN
NEW HAMPSHIRE

<2%
STATEWIDE VACANCY
RATE FOR APARTMENTS
IN NEW HAMPSHIRE
IN 2020

Food Insecurity in the United States and New Hampshire

Source: U.S. Department of Agriculture, Household Food Security in the United States in 2019



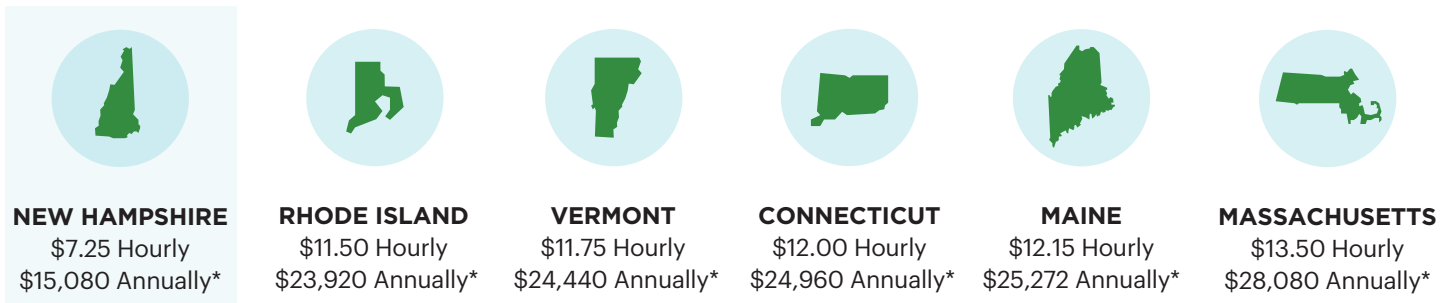
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APPROXIMATELY 41,800 HOUSEHOLDS IN NEW HAMPSHIRE ARE FOOD INSECURE

Most recent data from the 2017-2019 time period show about 6.6 percent of New Hampshire households were food insecure, compared to 9 percent in 2007-2009, during the Great Recession.

Minimum Wages in New England

Source: U.S. Department of Labor, as of January 1, 2021



* At 40 hours per week, 52 weeks per year

Student Debt in New Hampshire

Source: Average Debt of 2019 Graduates of Four-Year Institutions, The Institute for College Access and Success, December 2020

\$39,410

AVERAGE DEBT OF STUDENTS GRADUATING FROM NEW HAMPSHIRE INSTITUTIONS WHO HAVE DEBT

Highest of any state, based on available information

74%

PERCENTAGE OF ALL GRADUATES FROM NEW HAMPSHIRE INSTITUTIONS WHO HAVE DEBT

Highest of any state, based on available information