Demographics, Age Groups, and Incomes in New Hampshire

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Commission to Study Barriers to Increased Density of Land Development in New Hampshire

December 10, 2019
Population Distribution and Median Ages

**Municipal Population**
Source: 2010 U.S. Census

**Median Age by Municipality**
Source: 2010 U.S. Census
## Population Distribution and Median Ages by County

<table>
<thead>
<tr>
<th>County</th>
<th>County Population, 2018 Estimate</th>
<th>County Median Age, 2000</th>
<th>County Median Age, 2010</th>
<th>County Median Age, 2013-2017 Estimate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Belknap</td>
<td>61,022</td>
<td>40.1</td>
<td>44.7</td>
<td>46.7</td>
</tr>
<tr>
<td>Carroll</td>
<td>48,779</td>
<td>42.5</td>
<td>48.3</td>
<td>51.4</td>
</tr>
<tr>
<td>Cheshire</td>
<td>76,493</td>
<td>37.6</td>
<td>40.7</td>
<td>42.5</td>
</tr>
<tr>
<td>Coos</td>
<td>31,589</td>
<td>41.5</td>
<td>46.4</td>
<td>48.0</td>
</tr>
<tr>
<td>Grafton</td>
<td>89,786</td>
<td>37.0</td>
<td>41.2</td>
<td>42.9</td>
</tr>
<tr>
<td>Hillsborough</td>
<td>415,247</td>
<td>35.9</td>
<td>39.3</td>
<td>40.5</td>
</tr>
<tr>
<td>Merrimack</td>
<td>151,132</td>
<td>37.7</td>
<td>41.4</td>
<td>42.8</td>
</tr>
<tr>
<td>Rockingham</td>
<td>309,176</td>
<td>37.2</td>
<td>42.2</td>
<td>44.1</td>
</tr>
<tr>
<td>Strafford</td>
<td>130,090</td>
<td>34.4</td>
<td>36.9</td>
<td>37.0</td>
</tr>
<tr>
<td>Sullivan</td>
<td>43,144</td>
<td>40.0</td>
<td>43.9</td>
<td>46.1</td>
</tr>
</tbody>
</table>

Recent New Hampshire Population Changes

U.S. Census Bureau Estimates

Population Change by Age Group
New Hampshire, 2000 to 2010

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Change in Number of People</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 18 Years</td>
<td>-20,000</td>
</tr>
<tr>
<td>18 to 24 Years</td>
<td>10,000</td>
</tr>
<tr>
<td>25 to 44 Years</td>
<td>-40,000</td>
</tr>
<tr>
<td>45 to 64 Years</td>
<td>120,000</td>
</tr>
<tr>
<td>65 to 84 Years</td>
<td>100,000</td>
</tr>
<tr>
<td>85 Years and Over</td>
<td>-20,000</td>
</tr>
</tbody>
</table>

Estimated Population Change by Age Group
New Hampshire, 2010 to 2018

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Change in Number of People</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 18 Years</td>
<td>-10,000</td>
</tr>
<tr>
<td>18 to 24 Years</td>
<td>0</td>
</tr>
<tr>
<td>25 to 44 Years</td>
<td>10,000</td>
</tr>
<tr>
<td>45 to 64 Years</td>
<td>50,000</td>
</tr>
<tr>
<td>65 to 84 Years</td>
<td>70,000</td>
</tr>
<tr>
<td>85 Years and Over</td>
<td>-10,000</td>
</tr>
</tbody>
</table>

Source:
- U.S. Census Bureau, 2000 and 2010 Census Counts
- U.S. Census Bureau, Population Estimates Program, July 1 of 2010 and 2018
Population Changes by Age and Race or Ethnicity

New Hampshire, Changes from 2010 to 2018

- Non-Hispanic White
- All Other

Change in Number of People

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Change in Number of People</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 18 Years</td>
<td>-20,000</td>
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<tr>
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<td>0</td>
</tr>
<tr>
<td>25 to 44 Years</td>
<td>0</td>
</tr>
<tr>
<td>45 to 64 Years</td>
<td>0</td>
</tr>
<tr>
<td>65 Years and Over</td>
<td>60,000</td>
</tr>
<tr>
<td>All Ages</td>
<td>40,000</td>
</tr>
</tbody>
</table>

Source: U.S. Census Bureau, Population Estimates Program; Estimates for July 1 of 2010 and 2018
Poverty Rates Vary by Age and County

- Poverty for a single individual: **$13,064** (lower for those age 65 and older)

- Poverty for a family of three, with two adults and one child: **$20,212**

- Estimated Poverty Rate: **7.6 percent** – 100,000 people

- Estimated Child Poverty Rate (Under 18): **10.6 percent** – 27,000 children

- Estimated Poverty Rate, Ages 18-64: **7.3 percent** – 60,000 people

- Estimated Poverty Rate, Ages 65 and Up: **5.5 percent** – 13,000 people

Source: U.S. Census Bureau, American Community Survey, 2018 One-Year Estimates
Poverty Rates Higher for Certain Groups


Group or Living Situation

Note: Margins of Error represent 90 percent confidence intervals
Source: U.S. Census Bureau, American Community Survey Five-Year Estimates, 2013-2017
New Hampshire Poverty Rates by Age Group

Overall, Child, and Older Adult Poverty Estimates Over Time

Percent in Poverty

Year of Data Collection

Note: Measured as a percentage of the population for whom poverty status could be determined
Source: U.S. Census Bureau, American Community Survey One-Year Estimates
Estimated New Hampshire Median Household Income (2018): $74,991

- More than 1 in 5 households have less than $35,000 per year in income
- About 1 in 3 households have less than $50,000 per year in income

Source: U.S. Census Bureau, American Community Survey, 2018 One-Year Estimates
## County-Level Incomes and Wages in New Hampshire

<table>
<thead>
<tr>
<th>County</th>
<th>Estimated County Median Household Incomes, 2013-2017 (Rounded to Nearest $1,000)</th>
<th>Average Weekly Wage, 2018 (Job Based in County)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Belknap</td>
<td>$66,000</td>
<td>$852</td>
</tr>
<tr>
<td>Carroll</td>
<td>$58,000</td>
<td>$710</td>
</tr>
<tr>
<td>Cheshire</td>
<td>$60,000</td>
<td>$896</td>
</tr>
<tr>
<td>Coos</td>
<td>$45,000</td>
<td>$750</td>
</tr>
<tr>
<td>Grafton</td>
<td>$61,000</td>
<td>$1,105</td>
</tr>
<tr>
<td>Hillsborough</td>
<td>$76,000</td>
<td>$1,182</td>
</tr>
<tr>
<td>Merrimack</td>
<td>$70,000</td>
<td>$1,012</td>
</tr>
<tr>
<td>Rockingham</td>
<td>$86,000</td>
<td>$1,069</td>
</tr>
<tr>
<td>Strafford</td>
<td>$68,000</td>
<td>$1,004</td>
</tr>
<tr>
<td>Sullivan</td>
<td>$59,000</td>
<td>$836</td>
</tr>
<tr>
<td><strong>Statewide</strong></td>
<td><strong>$71,000</strong></td>
<td><strong>$1,092</strong></td>
</tr>
</tbody>
</table>

Municipal-Level Incomes

Percent of Tax Filers in 2015 With Over $100,000 Reported Income
Source: U.S. Internal Revenue Service

Legend
Percent by ZIP Code
Certain ZIP Code Data Unavailable
0% 54%

Municipal Median Household Income Relative to State Median Household Income
Source: 2013-2017 American Community Survey

Legend
- Statistically Significantly Below, Population Below 1,000
- Statistically Significantly Below, Population Above 1,000
- Statistically Significantly Above, Population Below 1,000
- Statistically Significantly Above, Population Above 1,000
- No Statistically Significant Difference, Population Below 1,000
- No Statistically Significant Difference, Population Above 1,000
- N/A, N/A
Anti-Poverty Program Enrollment by Municipality

Percentage of Population Enrolled in Medicaid by Municipality
Source: NH Department of Health and Human Services, January 2017 data. 2010 U.S. Census population counts.

Percentage of Population Enrolled in Food Stamp Program by Municipality
Source: NH Department of Health and Human Services, January 2017 data. 2010 U.S. Census population counts.
County Educational Attainment, 2013-2017

Population Ages 25 and Up With an Associate's Degree or Higher, New Hampshire Counties

Source: U.S. Census Bureau, American Community Survey, 2013-2017
Cost of Living in New Hampshire: Two Adults, One Child
Massachusetts Institute of Technology and Economic Policy Institute Estimates, 2018

MIT Living Wage Calculator
New Hampshire, Two Working Adults, One Child: $58,160

- Taxes, $7,120
- Food, $7,933
- Other Necessities, $5,030
- Transportation, $8,341
- Child Care, $9,025
- Health Care, $6,950

EPI Family Budget Calculator
Merrimack County, Two Adults, One Child: $69,718

- Taxes, $8,327
- Food, $8,133
- Other Necessities, $8,713
- Child Care, $8,629
- Health Care, $8,230
- Transportation, $14,222
- Housing, $13,464
Cost of Living: One Adult, Two Children

Massachusetts Institute of Technology and Economic Policy Institute Estimates, 2018

MIT Living Wage Calculator
New Hampshire, One Adult, Two Children: $61,535

- Taxes, $7,533
- Food, $7,715
- Transportation, $8,341
- Housing, $13,761
- Child Care, $12,205
- Other Necessities, $5,030
- Health Care, $6,950

EPI Family Budget Calculator
Merrimack County, One Adult, Two Children: $72,324

- Taxes, $8,497
- Food, $7,688
- Transportation, $12,971
- Housing, $13,464
- Child Care, $14,485
- Other Necessities, $8,533
- Health Care, $6,687
EPI Estimates of Annual Family Living Costs

The Economic Policy Institute's Family Budget Calculator, 2018

Dollars Per Year

$0 $10,000 $20,000 $30,000 $40,000 $50,000 $60,000 $70,000 $80,000

- Food
- Child Care
- Health Care
- Housing
- Transportation
- Other
- Taxes

Rockingham County

Coos County

One Adult  One Adult, Child  Two Adults, One Child  One Adult, Two Children

One Adult  One Adult, Child  One Adult, One Child  Two Adults, One Child  One Adult, Two Children
Two-bedroom apartment statewide median monthly rent and utilities cost in 2019: $1,347

Vacancy rate for rental units at less than one percent in 2019

Renter-occupied unit median household income in New Hampshire estimated at $41,071 for 2018

Owner-occupied unit median household income in New Hampshire estimated at $91,608 for 2018

Sources: New Hampshire Housing Finance Authority, 2019 New Hampshire Residential Rental Cost Survey; U.S. Census Bureau, American Community Survey, 2018 One-Year Estimates
## Housing Costs in New Hampshire

<table>
<thead>
<tr>
<th></th>
<th></th>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Belknap</td>
<td>47%</td>
<td>3.3</td>
<td>3.8</td>
</tr>
<tr>
<td>Carroll</td>
<td>50%</td>
<td>3.6</td>
<td>4.2</td>
</tr>
<tr>
<td>Cheshire</td>
<td>49%</td>
<td>2.7</td>
<td>3.2</td>
</tr>
<tr>
<td>Coos</td>
<td>44%</td>
<td>2.0</td>
<td>2.5</td>
</tr>
<tr>
<td>Grafton</td>
<td>47%</td>
<td>3.1</td>
<td>3.7</td>
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<td>47%</td>
<td>3.3</td>
<td>3.9</td>
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<td>3.0</td>
<td>3.7</td>
</tr>
<tr>
<td>Rockingham</td>
<td>46%</td>
<td>3.6</td>
<td>4.3</td>
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<tr>
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<td>47%</td>
<td>3.2</td>
<td>4.0</td>
</tr>
<tr>
<td>Sullivan</td>
<td>48%</td>
<td>2.7</td>
<td>3.0</td>
</tr>
<tr>
<td><strong>Statewide</strong></td>
<td><strong>47%</strong></td>
<td><strong>3.4</strong></td>
<td><strong>4.0</strong></td>
</tr>
</tbody>
</table>

Sources: U.S. Census Bureau, American Community Survey, 2013-2017; New Hampshire Association of Realtors
• Approximately **42,000 New Hampshire households** estimated to have been food insecure within the past year, based on 2016-2018 data.

• The Food Stamp Program, also known as the Supplemental Nutrition Assistance Program (commonly called SNAP), provided food assistance to about **74,000 individuals**, about 39 percent of whom were children and about 9 percent over age 64, in October 2019.

Additional Resources


- NHFPI Common Cents blog: [http://nhfpi.org/commoncents](http://nhfpi.org/commoncents)

- NHFPI Annual Conference: Friday, February 21, 2020, Grappone Conference Center
New Hampshire Fiscal Policy Institute

Address: 64 North Main Street
          2nd Floor
          Concord, NH 03301

Phone: 603-856-8337

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Email: info@nhfpi.org

Twitter: @NHFPI

Facebook: NewHampshireFiscalPolicyInstitute