# Access to Home- and Community-Based Medicaid Services Limited by Workforce Shortages

New Hampshire Choices for Independence (CFI) Medicaid Waiver services provide home- and community-based services to individuals who are chronically ill or have a disability and prefer to stay in their homes or communities but might otherwise need the level of care only provided in nursing homes, which typically result in more expensive treatment. Those in need of home- and community-based services, however, may not receive them due to a lack of available workers to deliver services. Recent data suggests that increases to Medicaid reimbursement rates, which affect the amount of resources providers have available to pay direct service care workers, may contribute to sustaining and expanding this vital workforce.

#### Medicaid Reimbursement Rates Have Not Kept Pace with Inflation

Agencies providing Medicaid services seek authorization to deliver those services from Medicaid, and then are reimbursed with federal, state, and, in some cases, county dollars for providing those services. Those reimbursements must be adjusted to match the cost of delivering services. Reimbursement rates are set by state policymakers. Key reimbursement rates for CFI Medicaid Waiver services are below their State Fiscal Year (SFY) 2007 amounts when adjusted for inflation. The SFY 2007 amounts do not necessarily reflect the true cost of providing these services, and the decline in real value suggests that agencies providing these Medicaid services are more limited in their overall ability to pay competitive wages than they were in previous years.

## New Hampshire Choices for Independence Waiver Services, Medicaid Reimbursement Rates and Inflation Adjustments from Prior Rates

For Services with Most Authorized Units in State Fiscal Year 2018, Three Different Inflation Adjustments, Medical Care Adjustments Reflect Producer Costs

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Service Descriptor	Unit	Rate in SFY 2007	Rate in SFY 2018	Adjusted to Broader Northeast Economy	Adjusted to Home- Based Care for Medicaid Patients	Adjusted to Nursing Facility Services
Personal Care Services - Agency Directed	15 Min	\$4.38	\$4.60	\$5.28	\$5.02	\$5.66
Personal Care Services - Consumer Directed	15 Min	\$4.38	\$4.60	\$5.28	\$5.02	\$5.66
Case Management	Per Diem	\$8.35	\$8.86	\$10.07	\$9.57	\$10.80
Home Health Aide (15 Minute Units)	15 Min	\$5.74	\$6.03	\$6.92	\$6.58	\$7.42
Homemaker	15 Min	\$4.38	\$4.79	\$5.28	\$5.02	\$5.66
Home Delivered Meals	Per Meal	\$6.84	\$7.26	\$8.25	\$7.84	\$8.84
Residential Care (Level 1)	Per Diem	\$60.00	\$50.96	\$72.35	\$68.75	\$77.59
Respite Care Services	15 Min	\$1.64	\$1.74	\$1.98	\$1.88	\$2.12
Home Health Aide (Per Visit)	Per Visit	\$29.60 (SFY 2010)	\$31.08	\$33.43	\$31.57	\$34.37
Skilled Nursing Care (Per Visit)	Per Visit	\$90.16 (SFY 2010)	\$94.67	\$101.83	\$96.16	\$104.69

Note: Inflation-adjustments intended to show relative price differences. None of the three necessarily exactly match the services included in the scope of the CFI Waiver program in New Hampshire, nor do they encompass all of the considerations warranted when setting reimbursement rates for the program.

Sources: U.S. Bureau of Labor Statistics, Inflation Adjustment Indexes (CUUR0100SA0, PCU62161062161032, PCU6231--6231--); New Hampshire Department of Health and Human Services, "CFI Rate History," April 16, 2015 and August 28, 2017 letter to CFI Providers; Chapter 275, Laws of 2015, 05-95-48-481510-5942.

## Low-Wage Home Health and Personal Care Aides See Lower Wage Growth

Home health and personal care aides making relatively low wages (at the 10<sup>th</sup> and 25<sup>th</sup> percentiles, meaning only 10 percent or 25 percent of wages offered for those occupations are lower, respectively) have seen generally lower rates of wage growth than other workers making





relatively low wages in New Hampshire in recent years. While the reasons for limited wage growth are likely complex, home health care and personal care aide workers with lower wages may be more likely to have their pay affected by

Medicaid reimbursement rates than those with median wages or workers in other occupations. With wages growing faster for low-wage workers throughout the economy, provider agencies relying on Medicaid reimbursements are at a competitive disadvantage.

#### **Approved CFI Services Undelivered Due to Worker Shortages**

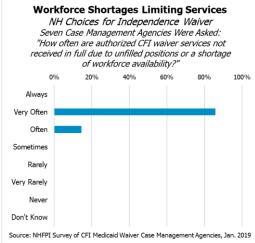
In response to a survey of New Hampshire's seven CFI Medicaid Waiver case management agencies, all seven agencies indicated individuals may not receive CFI Medicaid Waiver services because there are not enough available workers to meet the needs. The case management agencies unanimously indicated that the availability of workers to meet CFI Medicaid Waiver service delivery needs had "Decreased Significantly" in the last three years.

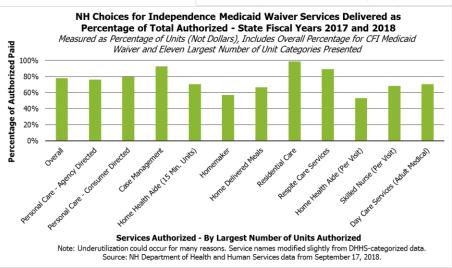
About 78 percent of the CFI Medicaid Waiver services authorized in SFYs 2017 and 2018 were paid, suggesting that some Medicaid services were not

delivered. While there are likely many reasons for this gap, a lack of available workers appears to be a major factor.

For more information and analysis, see NHFPI's Issue Brief:

<u>Medicaid Home- and Community-Based Care Service Delivery Limited by Workforce Challenges.</u>





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